

Protocols for requesting a training session led by Projet Jeune Leader's educators

Projet Jeune Leader's Educators work full-time (Monday through Friday) in public middle schools. For this reason, they are *only available on weekends or during school vacation*. Thank you for planning accordingly!

Perdiem and Food

The Association/NGO agrees to give *each** of Projet Jeune Leader educators:

- 10,000 AR per day of work (including travel days).
- All meals (morning-lunch-dinner) during the training.
 - If you are unable to provide all meals, we will ask you to give each educator a supplemental *perdiem*.

*Projet Jeune Leader will send at least 2 trainers regardless of the group size.

Housing

If the training will take place outside of Fianarantsoa-city/Ambositra-city/Antsirabe-city, the Association/NGO agrees to pay for the educators' lodging. If the educators are of different genders, please book 2 separate rooms. If the educators are of the same gender, they can share a room but please book a room with 2 beds. If the training will take place in a rural area with no hotels, then please arrange other lodging and communicate a week in advance if the educators need to bring additional equipment (pillows, blankets, flashlight, etc.).

Transport

The Association/NGO agrees to pay for the roundtrip transport for each educator from Fianarantsoa-city/Ambositra-city/Antsirabe-city to the training site. If the training will take place outside of Fianarantsoa-city/Ambositra-city/Antsirabe-city, please cover the transport *all the way* to the training site/hotel (this might include an additional taxi or pousse-pousse fare).

Materials

Projet Jeune Leader will communicate to you the list of materials required for the training (e.g.: flipchart paper-markers-chalk-black/white photocopies). This list is based on the number of themes covered and the number of participants. The Association/NGO agrees to do these purchases in advance so that the materials are ready for the educators to use on the training day(s).

Other Notes

If you take photos during the training, we would appreciate if you could share them with: fianarleader@gmail.com

If you share information about the training on your social media (Facebook, Twitter, blog), we would appreciate if you could tag Projet Jeune Leader:

- **Facebook:** www.facebook.com/ProjetJeuneLeader
- **Twitter:** @PJL_Madagascar
- **Website:** www.projetjeuneleader.org

Workshop Themes

Workshop themes for ≈ 14-16-year-old boys and girls

Each theme (lesson) lasts approximately 1h15mn. The lesson will be entirely in Malagasy.

- What Does it Mean to be a Leader?
- Avoiding Aggressive and Passive Communication
- Assertive Communication and Applying it with Parents
- Healthy Relationships
- Recognizing an Unhealthy Relationship
- Peer Influence on Decision-Making
- Puberty Changes in Girls and Female Reproductive Anatomy
- The Science of Menstruation
- Menstrual Health and Hygiene



We highly recommend covering these 3 themes together, in this order: “Puberty Changes in Girls and Female Reproductive Anatomy,” “The Science of Menstruation,” “Menstrual Health and Hygiene.” Total time: ≈3h45mn

- Puberty Changes in Boys and Male Reproductive Anatomy
- The Science of Reproduction



It is best to cover the theme “The Science of Reproduction” only after covering “Female Reproductive Anatomy”, “The Science of Menstruation” and “Male Reproductive Anatomy”

- Making an Informed Decision about Sexual Behavior, Namely the decision to Delay Sex or Become Sexually Active
- Taking Joint Responsibility for Preventing Unwanted Pregnancy
- Condoms: One Way of Reducing the Risk of Unwanted Pregnancy
- Understanding, Recognizing, and Reducing the Risk of Sexually Transmitted Infections (STIs)
- The Negative Consequences of Child Marriage
- Gender Equality, Stereotypes and Bias
- Human Rights
- Rejecting Violence and Staying Safe
- Dangers of Alcohol and Cigarettes
- Decision-Making
- Long Term Planning
- Long Term Planning
- Finding Help and Support



We highly recommend covering these 3 themes together, in this order: “Long Term Planning (Part 1),” “Long Term Planning (Part 2),” “Finding Help and Support.” Total time: ≈3h45mn

Workshop themes for ≈ 10-13-year-old boys and girls

Each theme (lesson) lasts approximately 1h15mn. The lesson will be entirely in Malagasy.

- What it Means to be a Leader (Part 1)
- What it Means to be a Leader (Part 2)
- Good Listening Skills
- Developing Self Confidence
- Non-Verbal Communication
- Good Communication: Assertive Communication vs. Passive and Aggressive Communication
- Healthy Relationships with Friends
- Peer Influence on Behavior
- Introduction to Puberty
- Changes During Puberty for Boys and Male Reproductive Anatomy
- Changes During Puberty for Girls and Female Reproductive Anatomy
- Menstrual Health and Hygiene
- The Social Construction of Gender and Gender Norms
- Gender Equality, Stereotypes and Bias (Part 1)
- Gender Equality, Stereotypes and Bias (Part 2)



We highly recommend covering these 3 themes together, in this order: “The Social Construction of Gender and Social Norms,” “Gender Equality, Stereotypes and Bias (Part 1),” “Gender Equality, Stereotypes and Bias (Part 2).” Total time: ≈3h45mn

- Teasing and Bullying: Disrespectful and Hurtful Behavior
- Children’s Rights to Education
- Managing Stress, Anger, and Conflict
- My Space, Your Space: Respecting Personal Space
- Staying Safe
- Dangers of Alcohol and Cigarettes
- Defining Personal Values
- Finding Help and Support (Part 1)
- Finding Help and Support (Part 2)

Additional Information

Each theme (lesson) lasts approximately 1h15mn. The lesson will be entirely in Malagasy.

All these themes can be covered by boys and girls together, only boys, or only girls. Projet Jeune Leader does not have a separate curriculum for boys and girls.

The Educators will lead a couple of activities on the first day to get to know the participants (plan for about 30mn).

The lessons are interactive. It is recommended that the Educators cover no more than 5 themes per day. Please plan to break for snacks.